

		M	T	W	T	F	S	S
FAITH	C&B							
	PRAYER							
	CHURCH							
							
							
HEALTH	MOVE 30 MINS							
	DRINK WATER ..OZ							
	FUN FOOD							
							
	DOC APPT							
SELF	HOBBY TIME							
	BREAK TIME							
	SKINCARE							
	TALK W/ FRIEND							
							
FAMILY	QT W/ KID							
	DATE W/ LOVE							
	FAMILY MTG							
	SPOUSE MTG							
	PFYHD							
ME							
							
							

		M	T	W	T	F	S	S
FAITH	C&B							
	PRAYER							
	CHURCH							
							
							
HEALTH	MOVE 30 MINS							
	DRINK WATER ..OZ							
	FUN FOOD							
							
	DOC APPT							
SELF	HOBBY TIME							
	BREAK TIME							
	SKINCARE							
	TALK W/ FRIEND							
							
FAMILY	QT W/ KID							
	DATE W/ LOVE							
	FAMILY MTG							
	SPOUSE MTG							
	PFYHD							
ME							
							
							

